FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SNOQUALMIE VALLEY YMCA
SEPTEMBER EVENTS & ACTIVITIES

35018 SE Ridge Street
Snoqualmie, WA 98065
425 256 3115

Date	Time	Event	Details	Location	Fee
TUE 09/04/12 09/11/12 09/18/12 09/25/12	3:00pm - 7:00pm	Carnation Farmer's Market	You will find local food from family farms and small producers. Weekly music on the grass, chalk art, children's booth and playground, "Taste the Market" food samples and special events.	Located in the heart of downtown Carnation, one block east of Highway 203/Tolt Avenue on Bird Street.	FREE to community members
TUE 09/04/12 09/11/12 09/18/12 09/25/12	6:30pm-7:30pm	Teen Dodgeball	Join other teens in shared interests! YMCA Teen Clubs will allow participants to enjoy activities with their friends! Tuesday nights are all about dodgeball! Grab your friends and come up to the Y for a high energy game!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to community members
TUE 09/04/12 09/11/12 09/18/12 09/25/12	7:30pm-9:00pm	Open Volleyball	Tuesday nights are happening at the Y! Get your volley on from 7:30-9:00pm and meet community members with the same love for the sport!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to Facility Members Non-facility Members: $10/person
WEDS 09/05/12 09/12/12 09/19/12 09/26/12	5:15pm-6:15pm	NEW CLASS! BARRE	Come and experience what it feels like to reform yourself or better posture and overall health. Classes combine techniques of ballet, balance training, Pilates, and toning, to strengthen, lengthen and align your entire body.	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to Facility Members Non-facility Members: $10/person
FRI 09/07/12 09/14/12 09/21/12 09/28/12	5:15pm-6:15pm	NEW CLASS! BARRE	Come and experience what it feels like to reform yourself or better posture and overall health. Classes combine techniques of ballet, balance training, Pilates, and toning, to strengthen, lengthen and align your entire body.	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to Facility Members Non-facility Members: $10/person
FRI 09/14/12 09/21/12 09/28/12	8:00pm-9:00pm	Futsal	Join us for action-filled Futsal (Soccer based) on Friday evenings. Opportunities for both game time and drills will be available. No experience necessary. Ages 9 to 14.	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to community members
SUN 09/02/12 09/09/12 09/16/12 09/23/12 09/30/12	8:30am-11:00am	Futsal	Join us for action-filled Futsal (Soccer based) on Sunday mornings. Opportunities for both game time and drills will be available. No experience necessary. Ages 9 to 14.	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to community members
THU 09/06/12	6:30pm - 7:30pm	Teen Leadership Board	Have a say, make a difference! Members hone leadership skills through community service projects and events!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to community members
FRI 09/07/12	6:00pm - 8:30pm	Friday Fun Night: Back to School Crafts!	Friday nights are a great time to unwind and spend some quality time with your family at the Y. Join us Friday, September 7th for Back to School Crafting fun!!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	Participants must pre-register* FREE to Facility Members Non-facility Members: $10/family

*For more information on events or to register, please call Membership Services at 425 256 3115

MORE!

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FRI 09/14/12	7:00pm - 10:00pm	Teen Late Night at the Y	Come join us at the Snoqualmie Valley YMCA for our Teen Late Nights! Hang out with friends, watch classic movies, take part in our trivia challenges, ping pong, participate in board game and Kinect tournament, and much more!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to all Teens (ages 11-16) Participants must pre-register*
FRI 09/21/12	3:00pm– 4:00pm	Teen Book Club	Join other teens in shared interests! YMCA Teen Clubs will allow participants to enjoy activities with their friends!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to community members
SUN 09/23/12	10:00am – 11:00am	Zumba Demo	TRY ZUMBA TONING AND ZUMBA SENTAO Join us and exclusively demo two new forms of Zumba incorporating hand weights and chairs for strength and balance. Toning and Sentao will get you moving in a whole new way!	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	FREE to Facility Members Non-facility Members: $10/person
SAT 09/29/12	6:00pm - 10:00pm	Kids Night Out: Get up and Move!	Enjoy a night out in the Valley! After the kids are fed, drop them off in their PJ's for a night full of fun while you and your better half enjoy a night out on the town.	Snoqualmie Valley YMCA 35018 SE Ridge St. Snoqualmie WA 98065	Participants must pre-register* FM: $18/child PM: $26/child

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