



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FREE COMMUNITY EVENTS

APRIL 2017



TEENS AND TWEENS

TEEN LATE NIGHT

April 29, 8 - 11pm, \$5
6th - 8th grade students: join us for bounce houses, popcorn, video games and more!



YOUTH & GOVERNMENT

Thursdays, 6 - 7 pm
Become familiar with the legislative process, debating and become comfortable with public speaking.

TEEN LEADERSHIP BOARD

Third Thursday, 6 - 7:30 pm
Serve the community and learn leadership skills.

SENIORS

TULIP FESTIVAL

April 20, 9 - 2 pm, \$20
Join us as we visit one of the destination events for the Pacific Northwest, The Skagit Valley Tulip Festival. Every spring, thousands of people enjoy the celebration of spring as millions of tulips burst into bloom. As with all things governed by Mother Nature, the tulips bloom according to their own schedule, sometime during the festival.



FUN FOR THE FAMILY

FAMILY FUN NIGHT

Friday, April 7, 6 - 8 pm

Bring the family and enjoy jumping in our castle bounce house or climbing through the obstacle course bounce house. We also have dodge balls, soccer balls, basketballs and jump ropes. This is a time for you and your family to come spend time together.

LUNCH AND JUMP

Thursday, April 20, 11:30 am - 1:00 pm

We will have both our castle and obstacle bounce houses set up in the gym. Bring your favorite picnic blanket, healthy snacks and/or lunch. Enjoy visiting with friends while your kids burn off their energy.

LUNCH AND LEARN

Wednesday, April 26, 11 am - 12 pm

Bring your lunch and join Edge Physical Therapy & Rehabilitation as they speak about common injuries seen in youth today. Learn what you can do to prevent them.

TEEN LAB

School Days: Monday - Thursday, 3 - 6 pm; Friday, 1 - 5 pm

5th - 9th grade students have a fun and safe place to go after school at the Y. They can participate in group activities, do homework and hang out with their friends in a supervised environment.



HEALTHY KIDS DAY®

Saturday, April 29, 11am - 1 pm

Nothing charges kids up like summer and Healthy Kids Day®! Stop by the Snoqualmie Valley Y and enjoy bounce houses, a scavenger hunt, obstacle courses and more! There will be tons of giveaways. The first 200 kids at the event, receive a free t-shirt. Participating vendors include: Color Me Mine, Smart With Art, i9 Sports, Cascade Dance Academy, Big Star Studios, Issaquah Highlands Dentist, DMW, and more!

Most YMCA programs are available to community members for a small fee. Check out our website and Facebook page for program information, www.seattleyymca.org and facebook.com/snoqualmievalleyymca

SNOQUALMIE VALLEY YMCA
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 facebook.com/snoqualmievalleyymca seattleyymca.org

Everyone is welcome. The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility. **Financial assistance is available.**