



# July Community Events

### PLEASE NOTE:

The Snoqualmie Valley YMCA will be open from 7am-1pm on July 4.

### FOR THE FAMILY

#### Family Fun Night

July 7, 6-8pm\*

#### Bumblebees & Bubbles

July 12, Noon-1pm

#### Parents Night Out

July 14, 6-9pm

July 29, 6-10pm

#### Splash & Play

July 20, 11:30am-1pm

### SENIOR CONNECTION

#### Theater in the Forest

July 22, Bus departs the  
YMCA at 1:30pm and  
returns at 5:30pm.

\$45 per person

Open to the community.

### HEALTH & FITNESS

#### Hiking Group

July 22, Annette Lake Trail\*

#### Yoga in the Park

July 22, 11am-12pm\*

#### Half-Marathon Training

Begins July 18 and meets  
every Tuesday & Thursday  
at 9:30am, for 12 weeks.  
Ends with Fall City Half on Oct 7.

\*Free and open to the community

### SUMMER CAMP

There are still spots  
available in the YMCA  
Summer Camps.  
Enroll today!

### BLOOD DRIVE

Thursday, July 13,  
9:30am-3:30pm

### SAVE THE DATE

Come celebrate the 5th anniversary of the Snoqualmie Valley  
YMCA on Sunday, August 20th from 11am - 2pm.

To sign up for these programs,  
call Snoqualmie Valley YMCA Member Services at 425.256.3115



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